3rd Annual Counseling Workshop

When Just Say No!

July 25, 2019

Speaker Bio:

Lyn Tunstall, MSN, FNP-C, Family Psychiatric Nurse Practitioner

Lyn Tunstall earned Bachelors’ degrees in Biological Sciences and Nursing before completing her Family Nurse Practitioner (FNP-C) program at Drexel University in Philadelphia, PA. Lyn is currently completing her Doctorate in Nursing Practice at University of Texas at Arlington. Before deciding to relocate to the Dallas-Fort Worth Metroplex, she was a passionate caregiver within the Lourdes Health System gaining valuable experience in various specialties including critical care, surgery, mental health and bariatric medicine. Out of all those specialties, Lyn found her passion for mental health, working in a variety of domains such as acute psychiatric care, addiction medicine, and pediatrics. Spending the majority of her nursing career in the fast-paced hospital setting, Lyn felt her advanced nursing knowledge would be best utilized in the community by helping to keep people in their homes and out of the hospital. She is dedicated to providing a positive patient experience, by educating and encouraging people to become proactive with their health, in order to live a more healthy and productive life.